Bee and Pollinating Insect Friendly Plants (There are 14 of these)

Common name	Scientific name	Variety	Growing & Management	Notes on insects attracted
Borage	Borago officinalis	species	Annual; plant seeds in spring; reseeds itself readily Spring: allow seedlings to grow Summer: weed Autumn: remove dead material after flowering	Mainly honey bees
Buddleia	Buddleia davidii	A blue one	Shrub: Spring: cut back Summer: weed, and dead head Autumn: cut back	Mainly butterflies and bumble bees, some ling tongued hover flies, rather few honey bees
Catmint	Nepeta	species	Hardy perennial herb Spring; nothing; plants can be dug up and divided if need be to increase area Summer: weeding and trimming Autumn: at end of year dead above ground material can be cut back	Bumble bees, honey bees, some butterflies and other bees
Dahlia	Dahlia	Bishop of Llandaff	Not hardy Spring: plant tubers or small potted plants Summer: weed & dead head Autumn: above ground material will die after frost, after which dead material can be removed; tubers can be lifted and stored dry and frost free for next spring or bed can be mulched with leaves or grass cuttings to give chance of tuber survival; tubers will easily rot in wet soil	Mainly bumble bees
Fleabane*	Pulicaria dysenterica	species	Hardy perrenial herb needing little management; spreads slowly by rhizomes	Wide range including butterflies
Helenium	Helenium	Sahin's Early Flowerer	Hardy perennial	Wide range including honey bees
Hemp Agrimony	Eupatorium			Hover flies, butterflies
Lamb's Ear	Stachys byzantia	species	Hardy perennial herb Spring; nothing Summer: weeding, trimming, dead heading Autumn: at end of year dead flowering stems can be cut back	Wool carder bee, other bees
Lavender	Lavandula x intermedia	Grosso	Hardy perennial small shrub Spring; nothing Summer: weeding and trimming Autumn: at end of year dead flowering stems can be trimmed back to woodyy material, leaving above ground main stems.	Mainly bumble bees
Marjoram*	Origanum vulgare	species	Hardy perennial native herb Spring; nothing Summer: weeding, trimming Autumn: at end of year dead flowering stems can be cut back	Attracts all 6 categories*
Purple Loosestrife*	Lythrum salicaria	species	Hardy perennial native herb Spring; nothing; plants can be dug up and divided if need be to increase area Summer: weeding, trimming, dead heading Autumn: at end of year dead above ground material can be cut back	Honey bees and bumble bees
Sunflower	Helianthus	Lemon Queen	Hardy perennial herb Spring; nothing Summer: weeding, trimming Autumn: at end of year dead flowering stems can be cut back	Hover flies, honey bees, butterflies
Verbena	Verbena bonariensis	species	Half hardy perennial herb Very easy to take stem cuttings in spring	

Wallflower	Erysimum linifolium	J 1	Good for butterflies, bumble bees & hover flies
		flowering	

Non Pollinating Insect Friendly (There are 3 species. These are used as controls in the data monitoring)

Common name	Scientific name	Variety	Growing	Notes on insects attracted
Pelargonium	Pelargonium	Cramden Red		Have seen 2 Brimstone butterflies in 4 years
Dahlia	Dahlia	"Cactus", Franz Kafka	As per Dahlia above	Some bumble bees and flies
Dahlia	Dahlia	"Pom Pom" Tahiti Sunrise		Some bumble bees and flies but almost none